

KENT AND MEDWAY JOINT HEALTH AND WELLBEING BOARD

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NHS HEALTH CHECK: OVER 75 ELIGIBILITY

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Summary

At the December Meeting of the Joint Kent and Medway Health and Wellbeing Board a query was raised as to why the Local Authority commissioned the NHS Health Checks Program stopped at 74.

This paper clarifies the basis for the NHS Health Check Program and describes what arrangements are in place for people over the age of 75.

1. Legislative framework

- 1.1. The Local Authorities (Public Health Functions and Entry to Premises by Local Healthwatch Representatives) Regulations 2013 sets out the requirement for Local Authorities in relation to Health Check Assessments.
- 1.2. Paragraph 4 (2) describes an eligible person in the Local Authority's area who is aged from 40 to 74 years.
- 1.3. Additionally, eligibility also relates to the offer of a health checks assessment once every five years and goes on to rule out those people already diagnosed with any of the following:
 - Coronary Heart Disease
 - Chronic Kidney Disease
 - Diabetes
 - Hypertension
 - Arterial Fibrillation
 - Transient ischemic attacks
 - Hypercholesterolaemia
 - Heart Failure
 - Peripheral artery disease

- Stroke
- A person on a lipid lowering drug
- A person having already been assessed as having a 20% or higher risk of having a cardiovascular event during the ten years following the check

1.4 Thus the statutory duty of the Local Authority is quite clear in regard to the age limits of the program.

2. Over 74 Check

2.1. People of the age of 75 are not included in the NHS Health Check as they have a named accountable G.P. One of the responsibilities of the accountable G.P is to provide a health check on request where an examination hasn't been performed in the preceding twelve months.

2.2 Thus annual health checks are already available to the >75 age cohort under General Medical Services.

3. Conclusion

3.1. Local Authorities have the statutory duty to invite the eligible population aged between 40 and 74 years and every five years for an NHS Health Check

3.2 People over 75 can request annual assessments already under existing general medical services.

3.3 There is provision therefore for people over 75 years.

Contacts

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Appendices

There are no appendices

Background papers